



# Watershed Restoration Plan

Lake Mattamuskeet

December 3, 2018 Public Symposium

### **Agenda Overview**

- 10:00 a.m. Welcome
- 10:05 a.m. Update on Plan Development: Erin Fleckenstein
- 10:15 a.m. Priority Actions as agreed upon by CST: Michael Flynn
- 10:30 a.m. Water Quality Concerns and Solutions Panel Discussion
- 11:15 a.m. Coffee Break
- 11:30 a.m. Active Water Management Panel Discussion
- 12:30 p.m. Lunch
  - 1:30 p.m. Plan Implementation Panel Discussion
  - 2:00 p.m. Adjourn





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# Developing a Watershed Restoration Plan

### **Concerns about Lake Mattamuskeet**

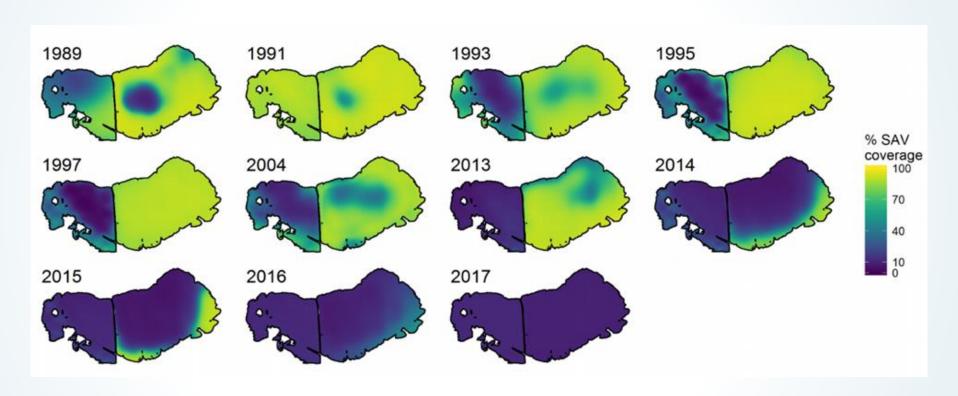




Flooding of Residential and Agricultural Lands



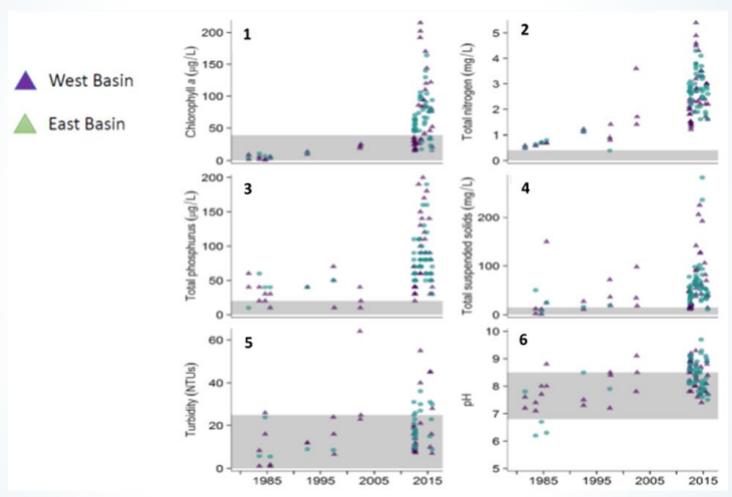
### **Concerns about Lake Mattamuskeet**



Loss of SAV from the Lake by 2017



### **Concerns about Lake Mattamuskeet**





Lake was listed on NC303(d) list of impaired waters in 2016 for elevated levels of pH and chlorophyll-a

# What is a watershed restoration plan?

- A voluntary plan for a specific waterbody
- Identifies pollutants and causes of impairment
- Provides the framework and guidance to restore an impaired waterbody and outlines future action
- Recommends management strategies devised by all stakeholders
- Adaptive plan that can be updated over time
- Once approved, it can be used to secure grant funds for implementation



# **Key Steps in Developing a Watershed Restoration Plan**

Assemble Planning Team

Engage stakeholders and the public in the plan development

Determine Water Quality and Quantity Conditions and Impairments

- Summarize research on the current status and trends of the lake water quality
- Capture oral and written history of changes to or improvements in hydrology around the lake

Complete Watershed Characterization

Establish Plan Goals, Objectives and Action Items

Identify Stormwater Reduction or Water Management Techniques

Analyze impact of solutions

Develop Management Plan including priorities and next steps



### **Major Progress to Date**

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**Complete Watershed Characterization** 

Establish Plan Goals, Objectives and Action Items

Identify Stormwater Reduction or Water Management Techniques

Analyze impact of solutions

Develop Management Plan including priorities and next steps



### **Stakeholder Team**

Daniel Brinn- Hyde County Water and Flood Control Pete Campbell- U.S. Fish and Wildlife Service Michael "Slim" Cahoon- Farming Community Doug Howell- N.C. Wildlife Resources Commission **Art Keeney- Residential Community** Bill Rich- Hyde County Manager Ben Simmons- Farming Community/Fairfield Drainage Pat Simmons- Hospitality Industry J.W. Spencer- Hyde County Soil and Water Board James "Booboo" Topping- Residential Community Joey Ben Williams-Impoundments

# Working with Stakeholders and the Public

**5 Public Meetings** 

14 Stakeholder Meetings

Webpage for updates and comments:

nccoast.org/lakemattamuskeet

**Press Releases** 

E-mail update after Public Meetings





# **Watershed Restoration Plan**

Draft was made available for public review on October 16th

Final draft presented at the public symposium on December 3rd



LAKE MATTAMUSKEET WATERSHED RESTORATION PIAN

An anchor to the past, a path to the future

November 30, 2018

PREPARED BY: NORTH CAROLINA COASTAL FEDERATION On behalf of: Hyde County, U.S. Fish and Wildlife Services, and N.C. Wildlife Resources Commission



### **Plan Goals**

### **Protect the way of life in Hyde County:**

Maintain existing land uses and industries in the watershed (residential, farming, fishing and tourism) and enhance and maintain the health of the lake's natural resources (waterfowl and wildlife).



### **Plan Goals**

### Actively manage the lake water level:

Minimize flooding of residential, business, and farm properties. Allow for annual drawdowns as appropriate and in compliance with the Refuge's management objectives defined in its

Comprehensive Conservation Plan to establish and maintain submerged aquatic vegetation within the lake, and to establish and maintain a zone of emergent vegetation around the lake periphery.



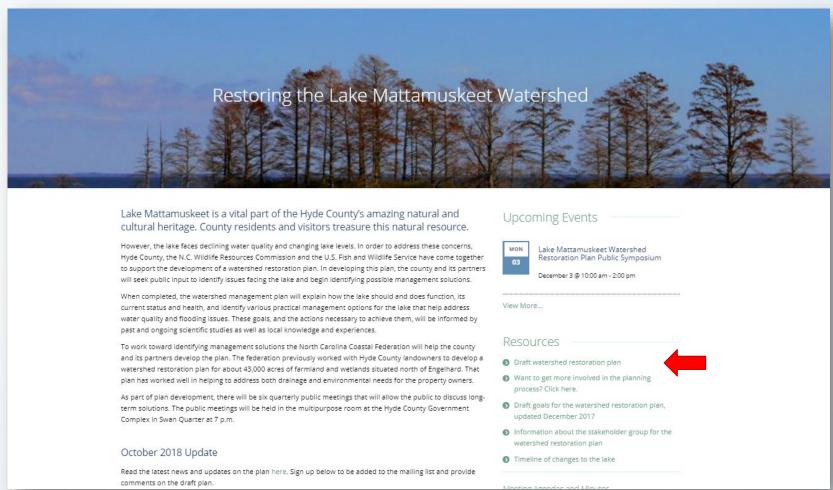
### **Plan Goals**

#### Restore water quality and clarity:

Reduce nutrients, sediments, and phytoplankton blooms, promote the growth of submerged aquatic vegetation and remove the lake from the NC 303(d) list of impaired waters.

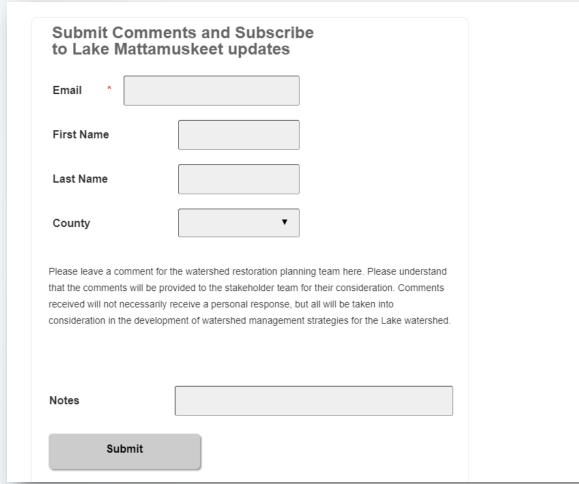


### **Review the Final Draft**





### **Submit Comments Online**



#### In The News

- "Restoring Lake Mattamuskeet In North Carolina"
   June 29, 2017. U.S. Fish and Wildlife Service.
- "Secrets of Lake Mattamuskeet" NC Science Now | UNC-TV
- "Where Has the Grass Gone?" Wildlife in North Carolina, November/December 2016. Printed by N.C. Wildlife Resources Commission.

#### Additional Resources

Study Shows New Flap Gates at Lake

- Mattamuskeet Bring Minimal Water Flow Change — N.C. Wildlife Resources Commission
- Mattamuskeet National Wildlife Refuge Website U.S. Fish and Wildlife Service

Updates on current and historic status of the lake's

- ecosystem and wildlife U.S. Fish and Wildlife Service
  - Continuous Water-Quality Monitoring at Lake
- Mattamuskeet, North Carolina U.S. Geological Survey
- Mattamuskeet Foundation







# Lake Mattamuskeet Watershed Restoration Plan

### **Current State of the Lake and Watershed**

- 1. No active management of lake level other than tide gates
  - Flooding of residential property, septic system failures, & inadequate drainage of croplands
- 2. Turbid and hypereutrophic water (excessive nutrient levels)
  - Frequent phytoplankton & cyanobacteria blooms
- 3. SAV coverage is absent along lakebed
- 4. Minimal emergent vegetation
- 5. Abundance of common carp
- 6. Listed on NC 303(d) list of impaired waters
  - Chl-a (40 μg/l, AL, NC)
  - pH (8.5, AL, SW)

### **Desired State of the Lake and Watershed**

- 1. Active management of lake level in addition to tide gates
  - Less frequent flooding of residential property
  - Fewer septic system failures & adequate drainage of croplands
- 2. Clear and mesotrophic water (moderate nutrient levels)
  - Fewer phytoplankton & cyanobacteria blooms
- 3. Increased SAV abundance along lakebed
- 4. Increased emergent vegetation
- 5. Reduced common carp populations
- 6. Increased game fish and blue crab populations
- 7. Removal from the NC 303(d) list of impaired waters
  - Chl-a and pH within federal and state guidelines

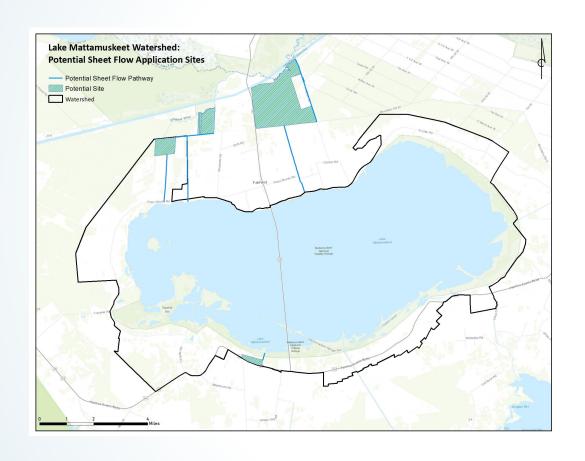
- Create a formal body that provides managing authority for active water management within the watershed in close coordination with the Refuge, which would be excluded as party to the formal body since USFWS cannot cede management authority.
- Perform hydrologic study of the watershed.
- Design engineered plans for active water management within the lake watershed
  - Infrastructure Improvements
  - Additional Outlet Evaluation
  - Potential Sheet Flow Sites

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### **Potential Sheet Flow Sites**

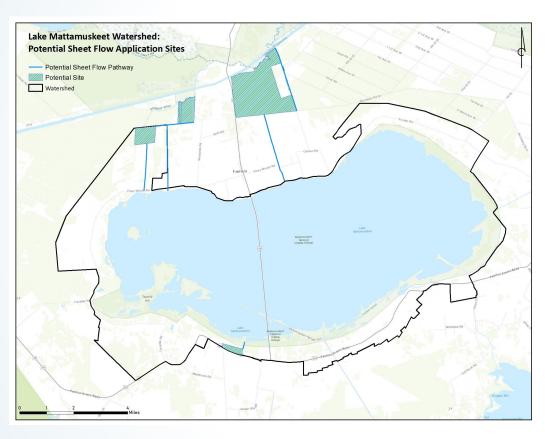


378 acres within watershed

2,477 acres outside watershed

Currently seeking additional sites for evaluation.

### **Potential Sheet Flow Sites**

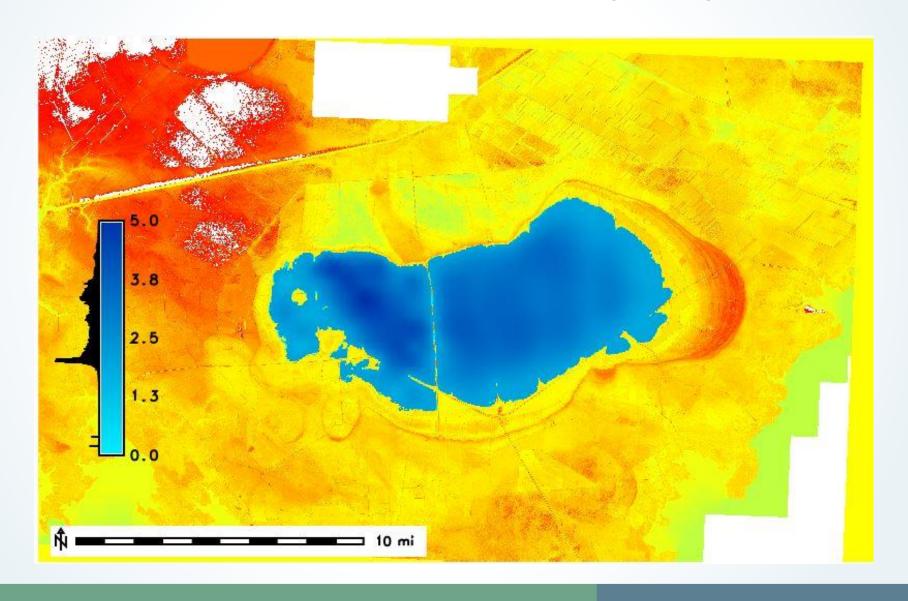


#### Benefits include:

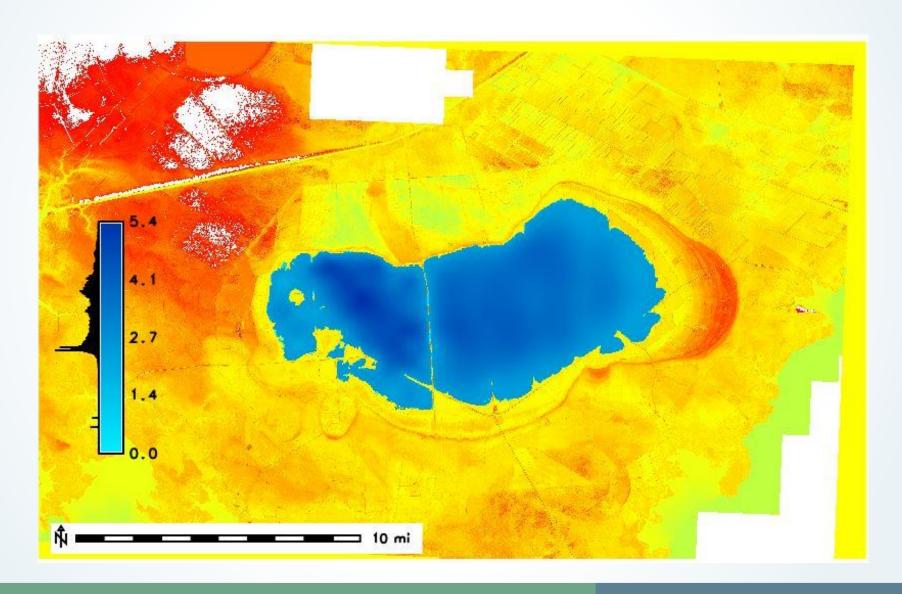
- Water quality treatment
- Restoring the natural hydrology
- Reduction of water volume draining to the lake



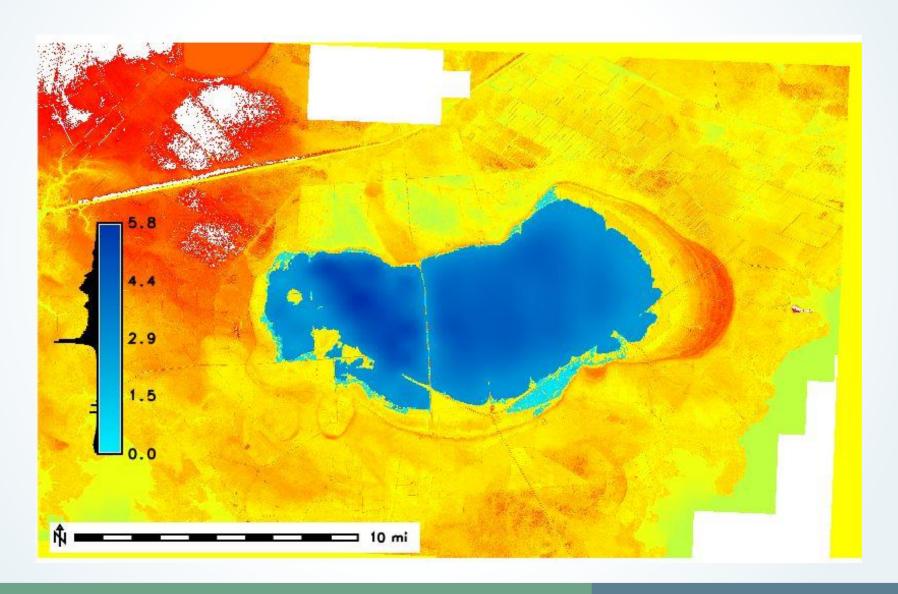
# Water Level = -0.3 ft (MSL)



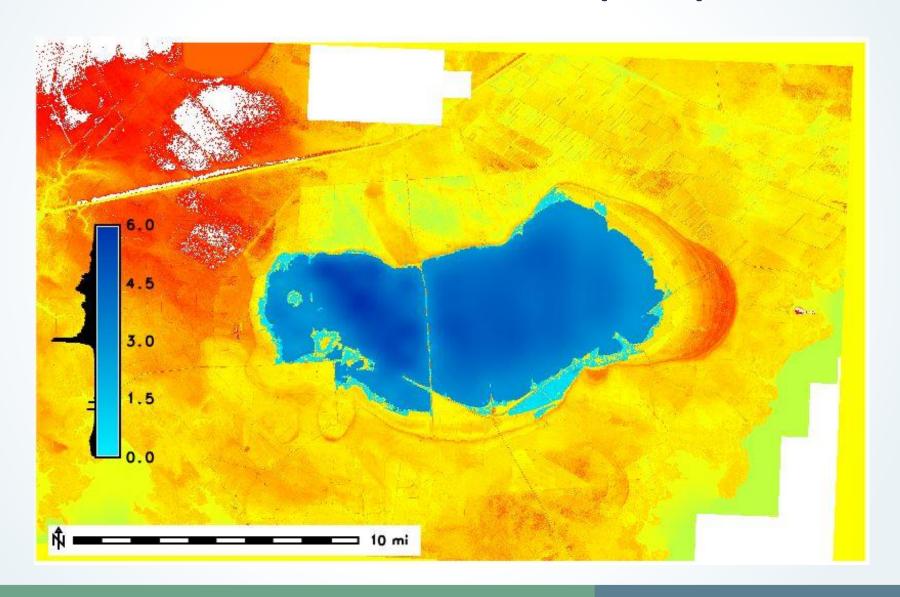
# Water Level = 0.1 ft (MSL)



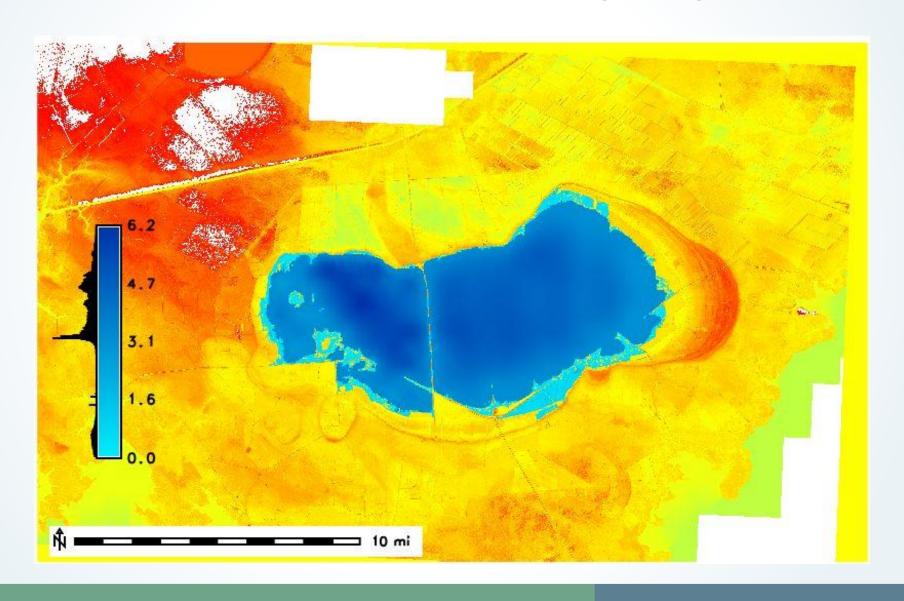
# Water Level = 0.5 ft (MSL)



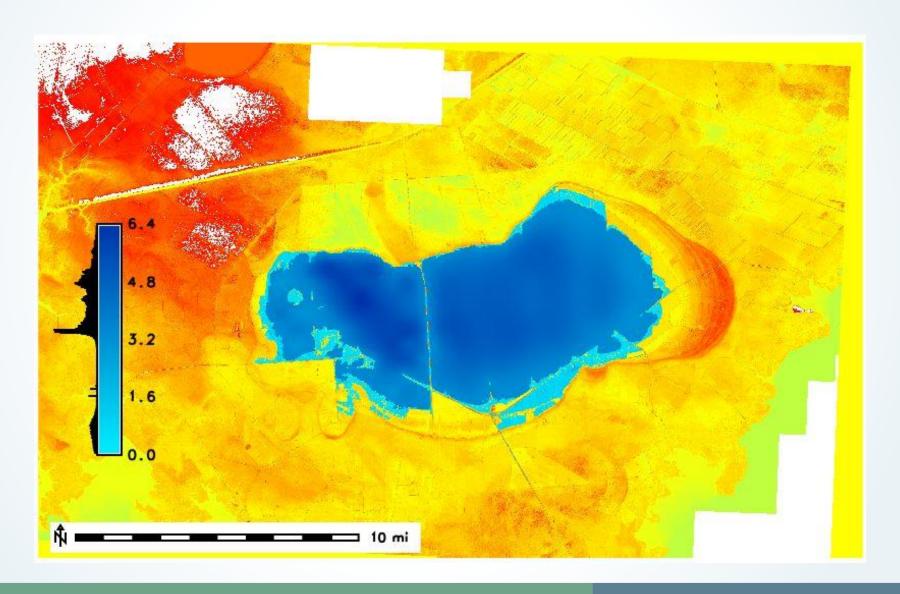
# Water Level = 0.7 ft (MSL)



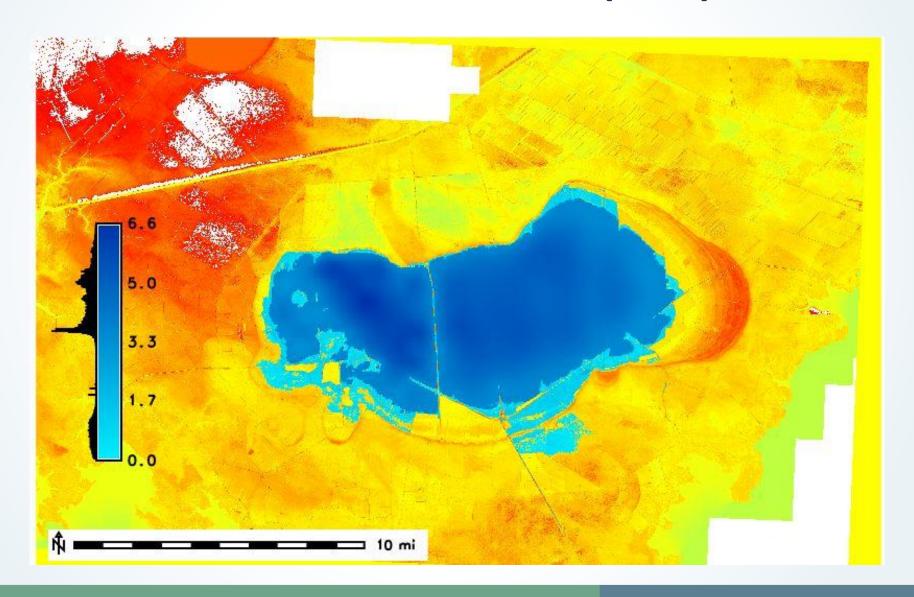
# Water Level = 0.9 ft (MSL)



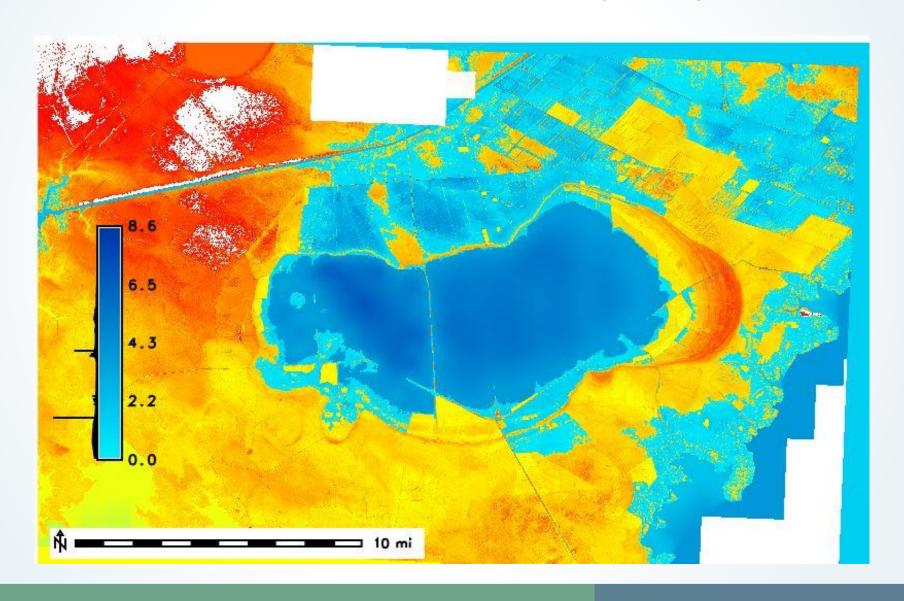
# Water Level = 1.1 ft (MSL)



# Water Level = 1.3 ft (MSL)



# Water Level = 1.5 ft (MSL)







# Water Quality Concerns and Solutions

**Panelist Introductions** 





## Wendy Stanton

U.S. Fish and Wildlife Service

## Mattamuskeet National Wildlife Refuge







Lake Mattamukseet Watershed Restoration Plan Symposium
December 3, 2018
Wendy Stanton

Special thanks to Dr. Michelle Moorman!

## Mattamuskeet Refuge Purpose

is to protect and conserve migratory birds and other wildlife resources through the protection of wetlands



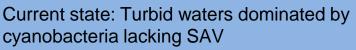
### "The Centerpiece"

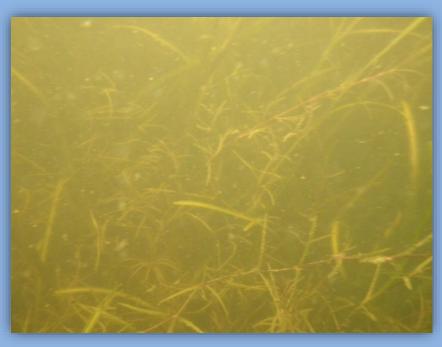




The state of Lake Mattamuskeet has shifted:
Water quality and clarity has declined (eutrophic), SAV has
disappeared, and cyanobacteria is abundant which is
negatively affecting waterfowl habitat



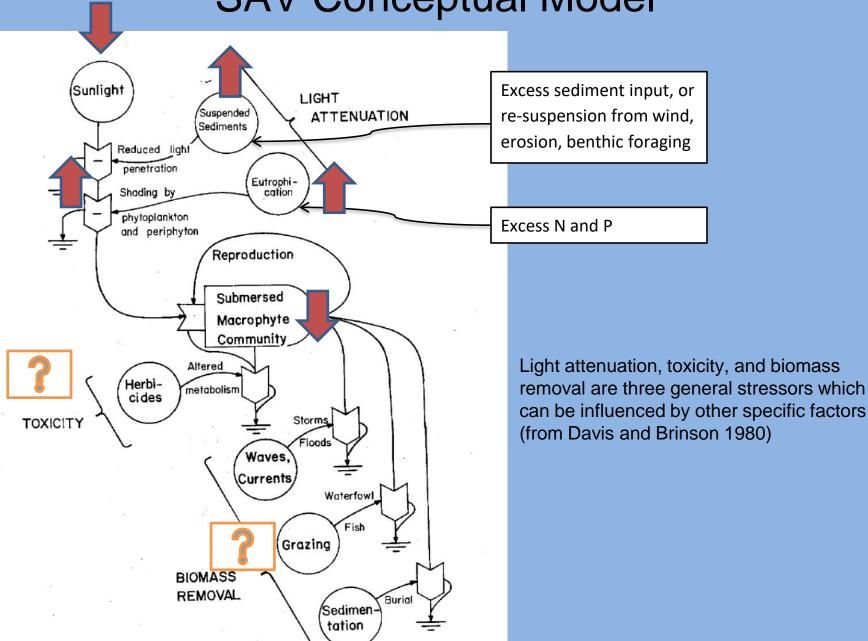




Desired state: Heathy SAV community with clear water

\*SAV is the indicator for water quality in Lake Mattamuskeet

### **SAV Conceptual Model**



#### Monitoring parameters for water quality include:

#### **USGS Continual Water Quality Stations (e & w sides of lake):**

Water depth Temperature (°C)

pH, DO

Specific conductance Turbidity

\*USGS weather station on Hwy 94

#### Water samples (taken at CWQS): Many thanks to NCDWR for conducting analysis!

Total nitrogen (mg/L)

Total suspended solids (mg/L)

Total phosphorous (mg/L)

Phytoplankton

Cyanotoxin samples

Light attenuation

Secchi dish (water clarity) (decimeters)

Light attenuation

#### **Canal water quality parameters:**

Water depth (ft) Specific conductance

Temperature (°C) Salinity (ppt)

Secchi dish (water clarity) pH, DO

#### **Continuous Tide gauge at Bell Island Pier (Pamlico Sound)**

Water depth (ft)

Temperature (°C)

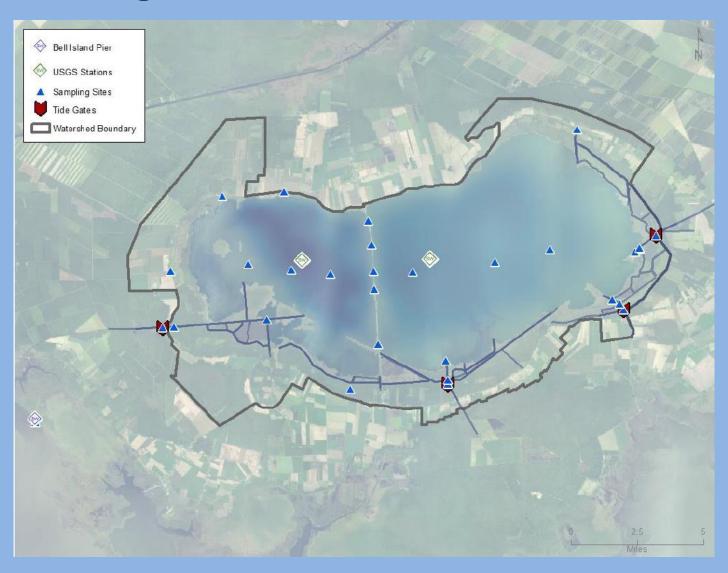
Salinity (ppt)

Specific conductance (microsiemens)

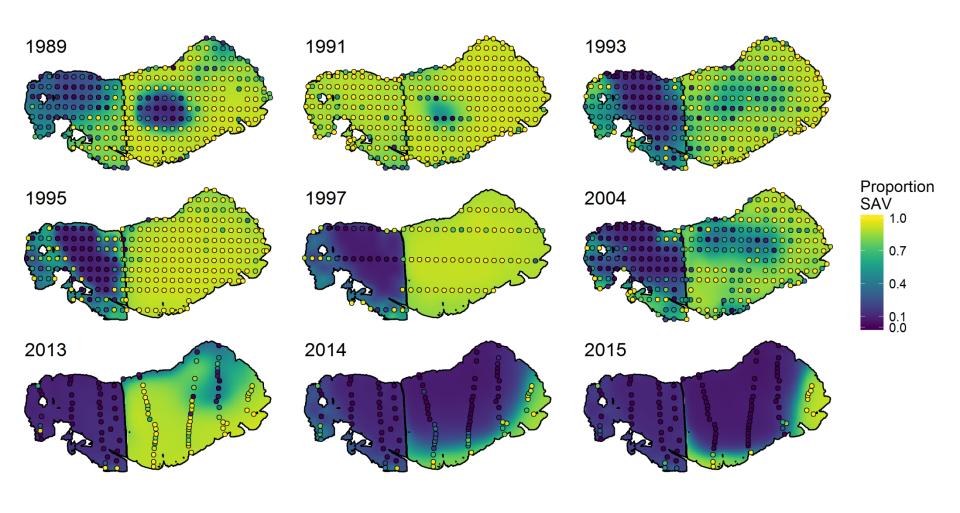
\*Annual SAV surveys in the lake Ground and aerial waterfowl surveys from November – March Annual fish monitoring by NCWRC



### **Monitoring Locations on Lake Mattamuskeet**



# The decline of SAV at Lake Mattamuskeet is concerning



## Survey results from 2017 and 2018:

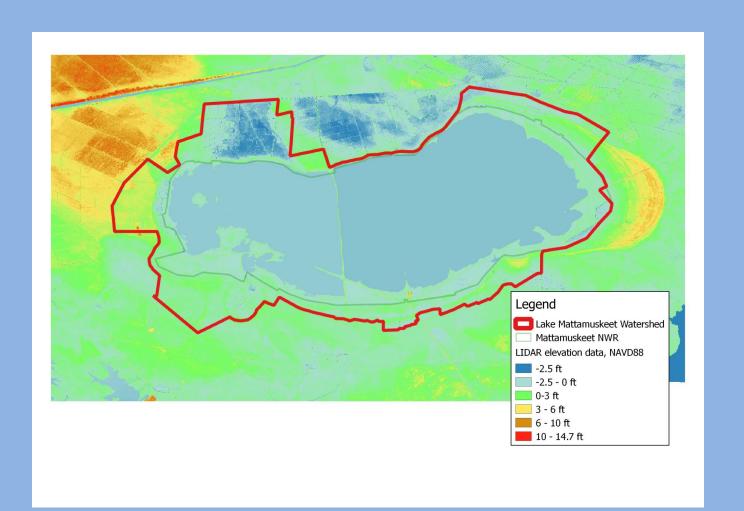
# NO SAV

### in Lake Mattamuskeet

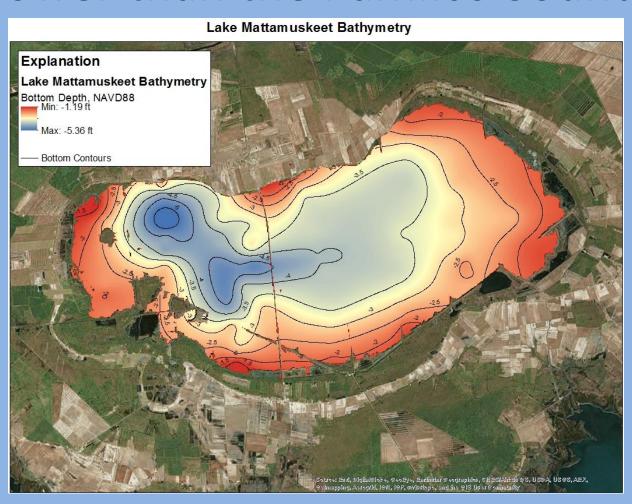
\*2016 the lake was designated as 303d for impaired waters based on elevated levels chlorophyll a and high pH.

### Water Management:

# Land is low and drainage system is complex suggests most land is 3 ft below MSL

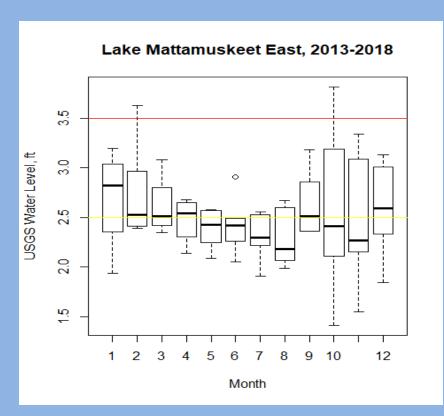


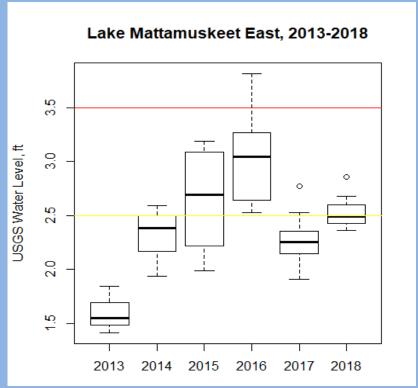
# Lake Mattamuskeet bottom depths are lower than the Pamlico Sound





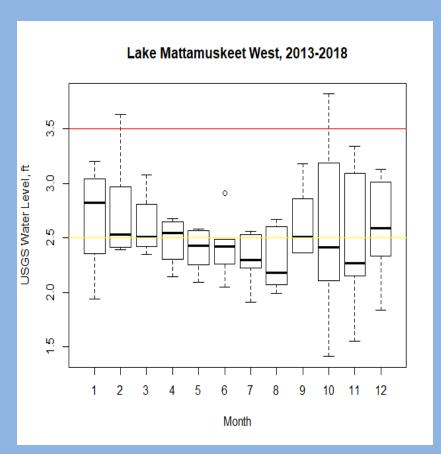
# USFWS has been monitoring lake levels since 2012

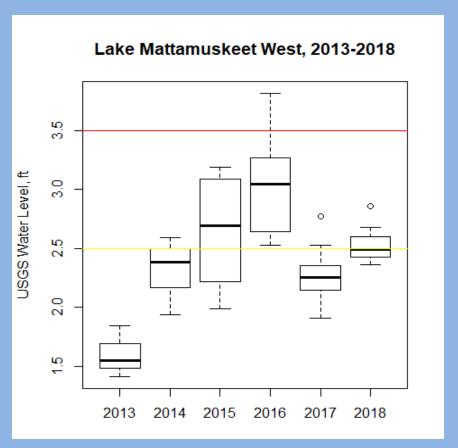




Maximum monthly water level measured each month. Yellow lines= gage heights for hot spot flooding, red lines = chronic flooding (as identified by local stakeholders)

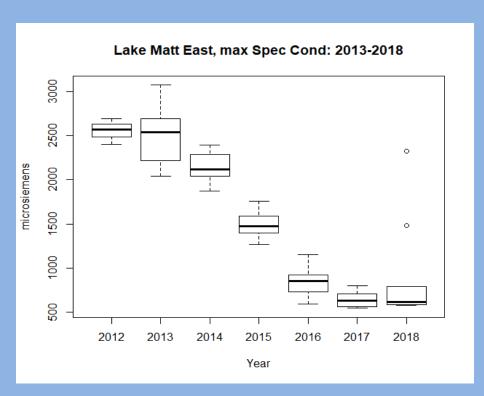
## USFWS has been monitoring lake levels since 2012: USGS Continuous WQ Stations.

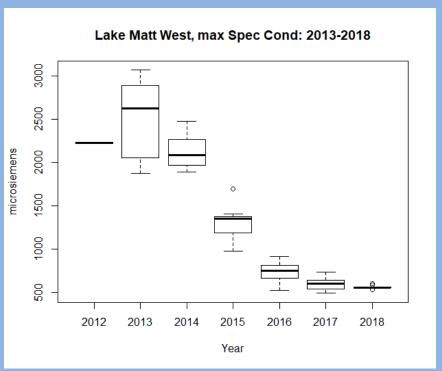




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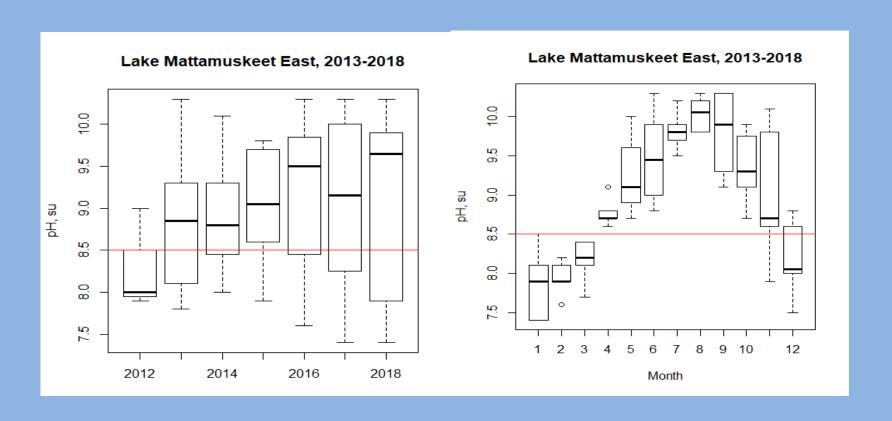
### **USGS Continous WQ Stations:**





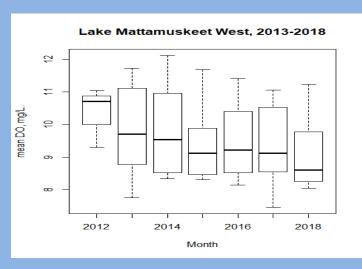
Specific Conductance summarized by max monthly levels measured each month.

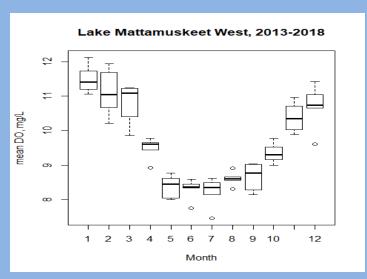
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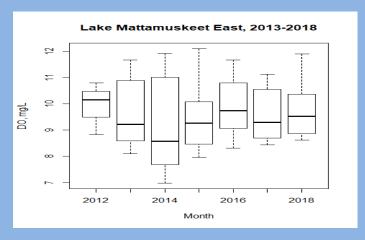


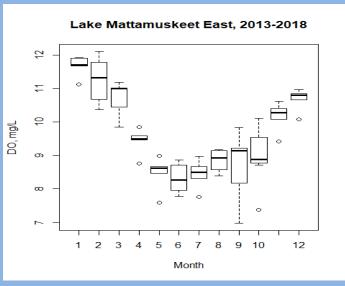
pH summarized by max monthly pH values measured each month. Red line = waters NOT meeting state water quality standard of 8.5 and indicative of an algae bloom..

### **USGS Continuous WQ Stations:**









DO: Mean monthly DO reported for east and west annually and monthly...

## High counts of *Cylindrospermopsis raciborskii* correlated with production of cyanotoxin, Cylindrospermopsin, in summer



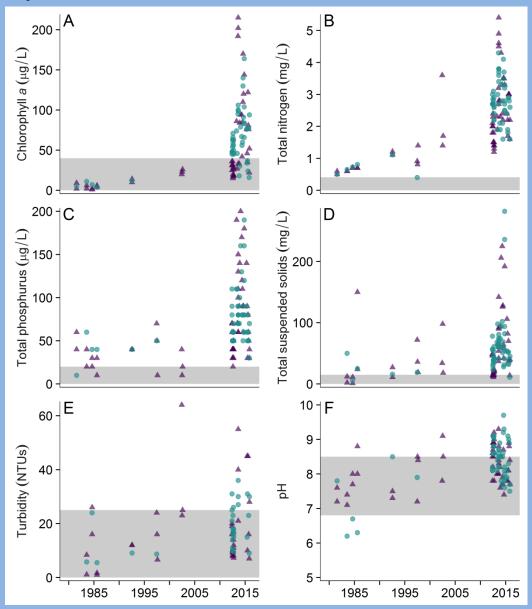
#### Cylindrospermopsin

- Can impact a wide variety of species
- Bioaccumulation and trophic transfer through the food web is possible
- Can inhibit growth of other phytoplankton and zooplankton grazing
- Human-health effects include flu like symptoms and respiratory problems and adverse impacts on the liver and kidneys
- EPA proposed guideline for recreational waters = 8.0 μg/L

Water quality data suggests lake has become more eutrophic since the 1980s and puts lake on 303d list for chl a and high pH

▲ West Basin

East Basin











## **April Lamb**

North Carolina State University

## Evaluating the Feasibility of Common Carp Exclusion and Targeted Vegetation Restoration in Lake Mattamuskeet

April D. Lamb and Jesse R. Fischer North Carolina State University, Department of Applied Ecology



### What is a Common Carp and why are they disruptive?

- Non-native, but naturalized
- Bottom feeders
- Uproot vegetation
- Increase turbidity
- Re-suspend sediment into the water column
- Impact both "top-down" (e.g. predator abundance) and "bottom-up" (e.g. phytoplankton abundance) biological processes



### Is removal an option?

- Common Carp removal has been shown to increase water clarity and facilitate the re-emergence of aquatic vegetation
- But is this a "one and done" fix?
  - If not <u>enough</u> carp are removed, they may bounce back even stronger, because Common Carp are excellent at surviving and producing offspring
- A carp management plan is critical to ensuring that population numbers remain at a manageable level



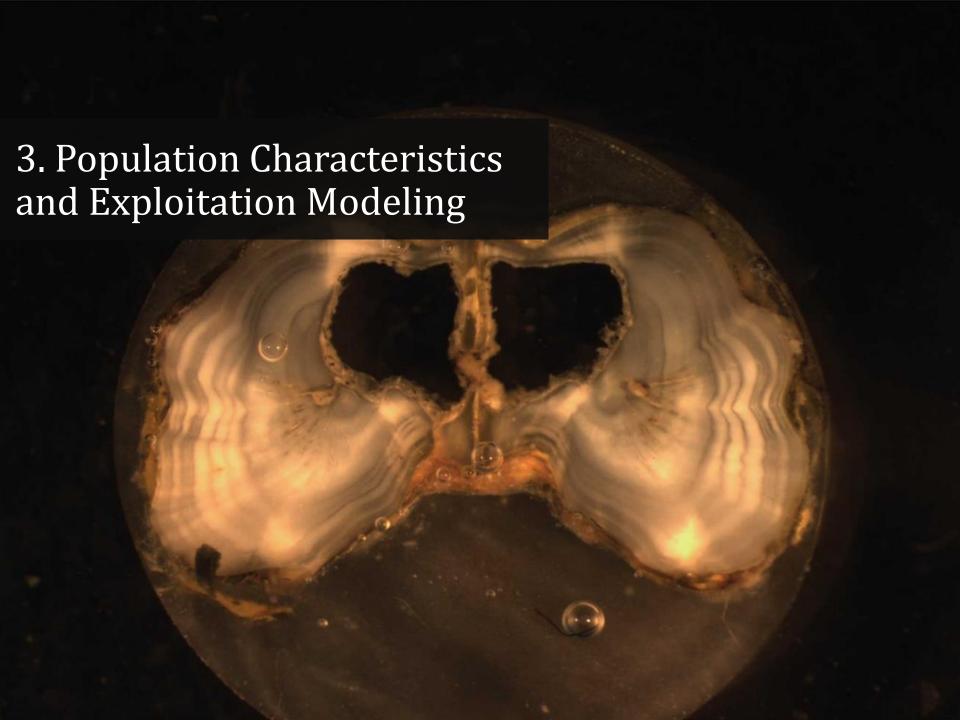


This project aims to investigate the role of Common Carp in the regime shift observed at Lake Mattamuskeet and assess the feasibility of Common Carp removal as a restoration strategy for submerged aquatic vegetation.













## Dr. Randall Etheridge

East Carolina University

# Waterfowl Impoundments in the Lake Mattamuskeet Watershed

December 3, 2018

Randall Etheridge
East Carolina University
Department of Engineering, Center for Sustainable Energy and
Environmental Engineering



## Management Strategies

- Outflow control
  - Pump
  - Water control structure
- Drawdown
  - As fast as possible
  - Gradual

- Vegetation
  - Corn
  - Millet
  - Soybeans
  - Milo
  - Native vegetation



## Water Quality Data Collected

- Monitored water quality from August 2016 through May 2018
- Moist soil management unit – managed by the Refuge
- Impoundment planted with corn – managed by a local farmer





## Impoundment Management

- Smart pump controls
- Drawdown timing and rate
- Other agricultural best management practices









# Allie Mulligan

Hyde County Soil and Water Conservation District





#### Bill Edwards

Natural Resources Conservation Service





# Water Quality Concerns and Solutions

Panel Discussion





### Coffee Break





# **Active Water Management**

**Panelist Introductions** 





# Dr. Randall Etheridge

East Carolina University

# Flow Reduction of Lake Mattamuskeet Outlet Canals

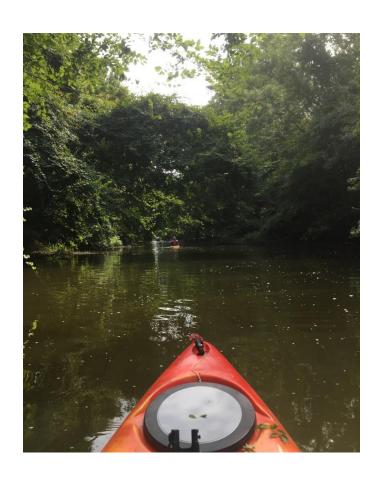
December 3, 2018

Randall Etheridge
East Carolina University
Department of Engineering, Center for Sustainable Energy and
Environmental Engineering

In partnership with:
Hyde County Soil & Water Conservation District



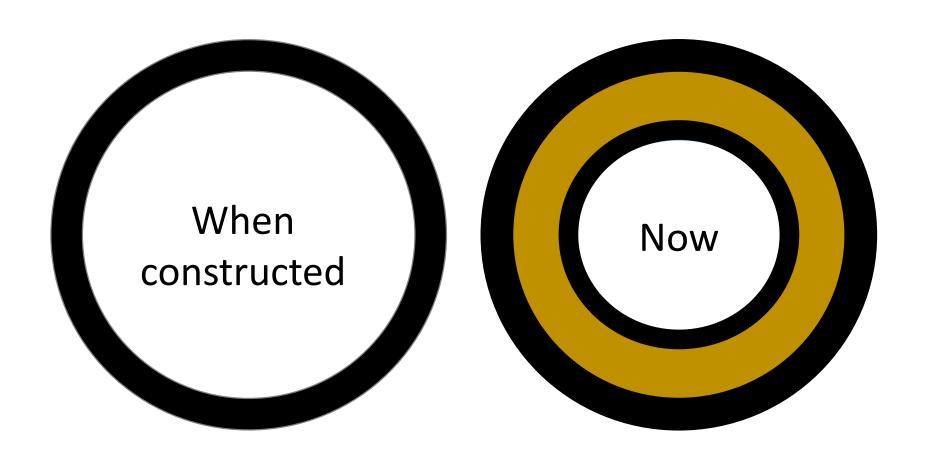
### Methods





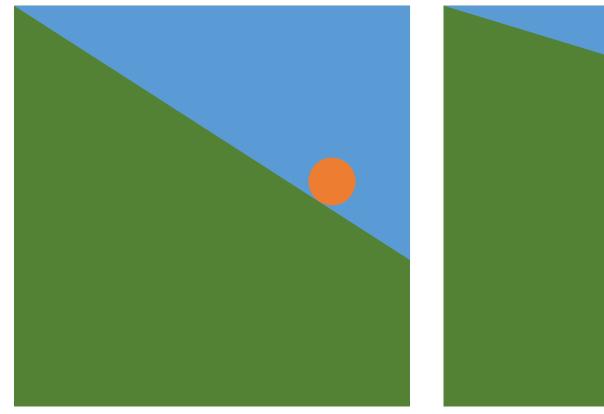


### Sedimentation

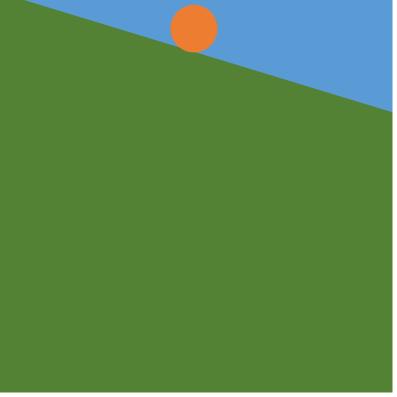




### Sea Level Rise





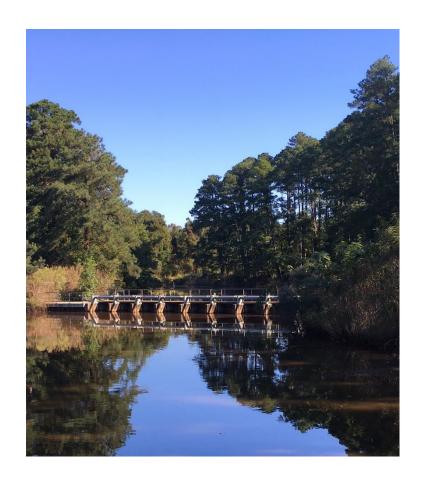


Now



#### Tide Gates

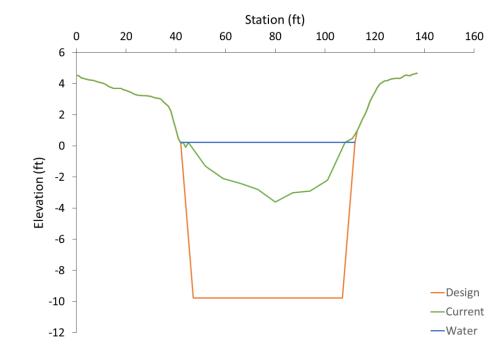
- Flow occurs only when water level in the lake is above water level in the sound
- Dredging will have minimal impact on when tide gates are open





#### Cross Section Area

- Outfall Canal
- Minimum reduction in area is 43%
- Maximum reduction in area is 81%





#### Results

- Percent reduction in flow for sedimentation and sea level rise are independent of each other and not additive
- Dredging the canals will not result in full restoration of flow due to sea level rise

Canal	Original Canal	Sedimentation	2 ft Sea Level
	Flow (cfs)	Reduction	Rise Reduction
Outfall	2230	85%	49%
Lake Landing	1260	80%	45%
Rose Bay	860	66%	48%
Waupoppin	630	76%	44%







# Dr. Raymond Smith

East Carolina University

# The Hydrological Modeling of Lake Mattamuskeet

Raymond Smith<sup>1</sup>
Randall Etheridge<sup>1,2</sup>
East Carolina University

<sup>1</sup>Department of Engineering

<sup>2</sup>Center for Sustainable Energy and Environmental Engineering



## Why Model Lake Mattamuskeet?

- Develop an understanding of lake stage level in response to variations in input.
- Provide a resource to support decision-makers and stakeholders in pursuit of watershed restoration goals.
- Provide a resource to explore identified scenarios, management policies, and what-if's leading to improved water management.



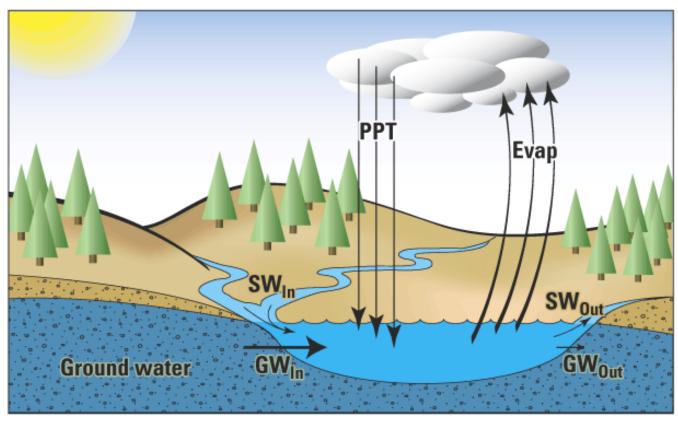


## What is a Hydrologic Model?

- A simplification of a real-world system that aids in the understanding, predicting, and managing water resources.
- Hydrologic analyses are performed to quantify the flow rate of water draining from the watershed over time.



#### Hydrologic Balance of a Lake



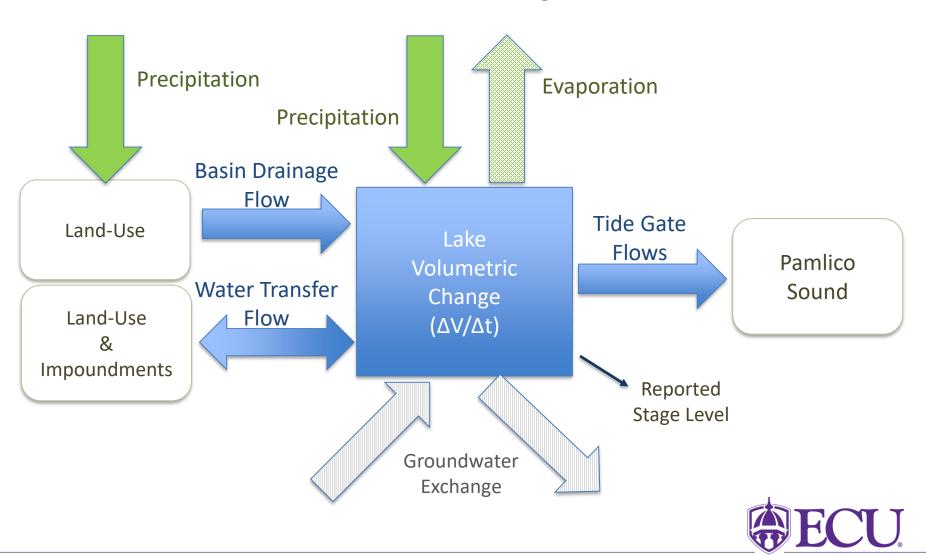
NOT TO SCALE

#### **EXPLANATION**

Evap	Evaporation	
GW <sub>In</sub>	Ground-water inflow	
GW <sub>Out</sub>	Ground-water outflow	
PPT	Precipitation	
SWIn	Surface-water inflow	
SWout	Surface-water outflow	

Reference: https://serc.carleton.edu/integrate/teaching\_materials/earth\_modeling/student\_materials/index.html

# Hydrologic Balance of Lake Mattamuskeet "A Water Budget"



#### Steps of the Modeling Process

- 1. Articulate the goals
- 2. Perform appropriate data collection
- 3. Build and calibrate the model
- 4. Validate the built model
- 5. Policy design and evaluation
- 6. Conduct simulation experiments
- 7. Analyze results and report findings

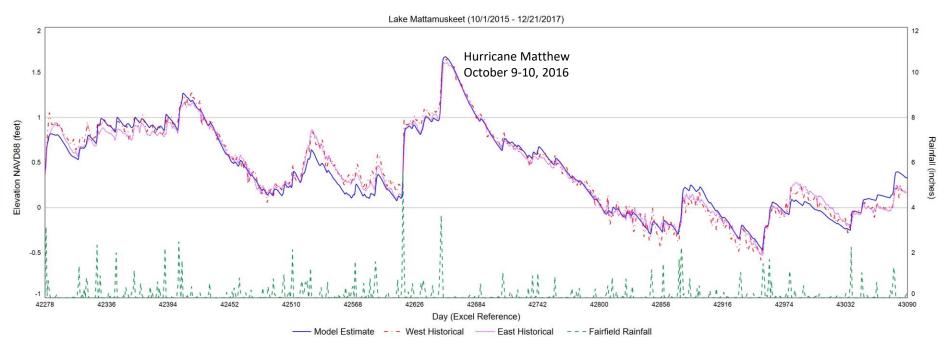
Iterative



#### **Preliminary Model Dynamics**

(unvalidated model 8/1/2018)

#### Lake Mattamuskeet - Stage Level (feet)





#### **Next Steps**

- 1. Secure research funding resources
- 2. Enhancement of the model:
  - a) Incorporate surrounding land-use types and interactions
  - b) Incorporate water transfers into and out of impoundments
  - c) Evaluate impact of wind
  - d) Obtain additional observational data
- Perform model calibration
- 4. Conduct a rigorous model validation

#### Then ...

 Study identified scenarios, management policies, and what-if questions through experimentation and report findings.







#### **Daniel Brinn**

Hyde County Water and Flood Control



# Facilitating Active Water Management

Lake Mattamuskeet Watershed
Daniel Brinn

# Historic Water Management Activities



- Lake Landing Canal
  - Earliest efforts in 1773, Constructed in 1837
- Hyde County Drainage District #1
  - Public Law 509
  - The creation of the Mattamuskeet Drainage
     District set in motion a plan that eventually
     drained Lake Mattamuskeet three times—in 1916,

1920 and in 1926.

Rose Bay Canal



# The Need for Active Management

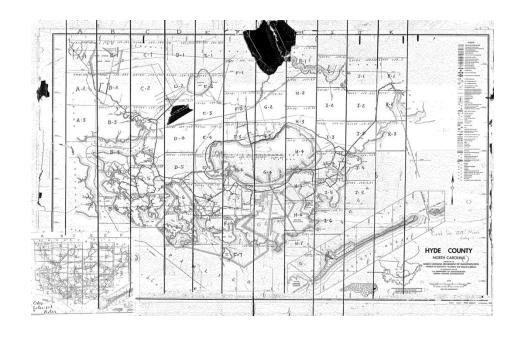
- Preserving the way of life within the watershed
- Water Quantity issues
- Water Quality concerns



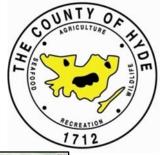


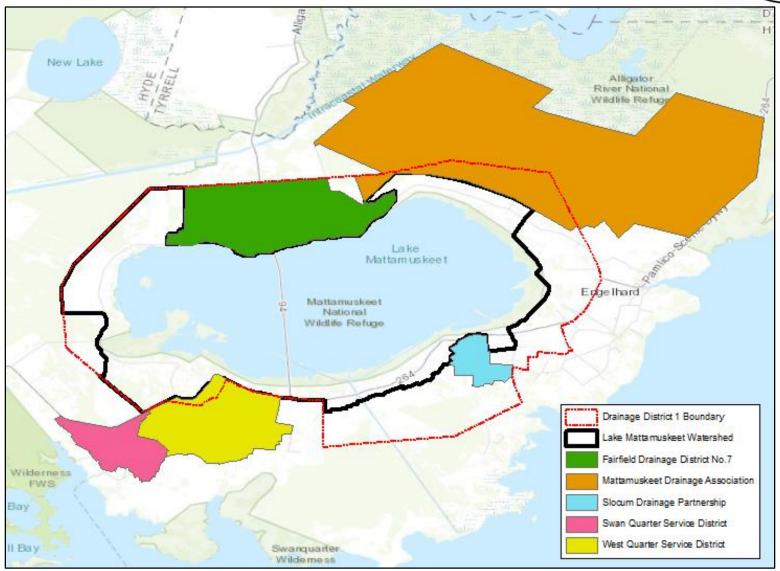
# Making it Happen

- Plan
- Engineering
- Infrastructure
- Funding
- Continued Operation



# Water Management Boundaries





# Establishing a Service District for the Lake Mattamuskeet Watershed

COUNTY OF HIS OF

- NCGS 153
- Process
- Boundaries
- Responsibilities
- Governance
- Funding



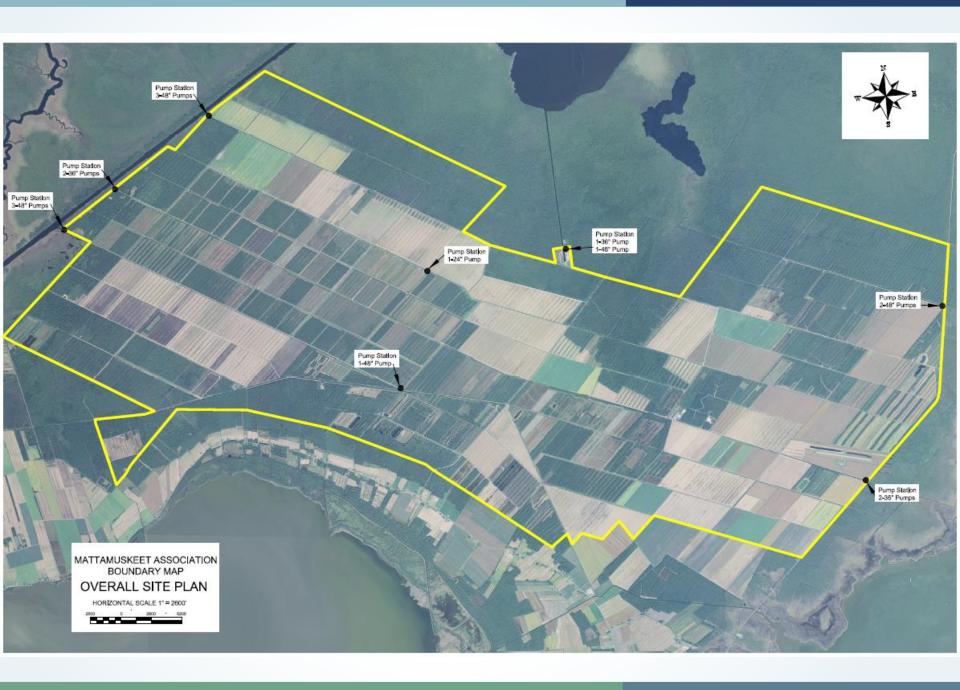




# Wilson Daughtry

Mattamuskeet Drainage Association









# Joey Ben Williams

Fairfield Drainage District





### Active Water Management

Panel Discussion





### Lunch





# Plan Implementation

Panel Discussion

# **Questions and Comments**