#### A Strategic Economic and Environmental Vision for the North Carolina Coast: A Plan to Leverage North Carolina Coastal Assets While Improving the Environment



#### Tom Looney

Board of Directors

Economic Development Partnership of North Carolina

North Carolina Coastal Federation



## **Roadmap to Success?**

#### Phase One- Collect the facts and identify proof points

- •Build business case and develop consensus
- •Establish credibility and value proposition
- •Get the message out- Secure champions

#### Phase Two- Establish Support/Ownership

- Executive Branch , Cabinet Support & Elected officials
- •Establish End to End Ownership- Regulation to Distribution

#### **Phase Three- Execution-Metrics/Accountability/Growth**

- •Run this like a business- help people be successful
- •Get maximum return on state natural resources!!!!!
- •Community & Political Support

### **Objectives**

- •Validate the Opportunity
- Identify the Critical Success Factors
- Identify Proof Points & NC Assets
- Identify and Eliminate Barriers to Entry



# Did you know?

## Opportunity

- US Annual Consumption
- Oyster demand doubling
- WW Consumption
- # East Coast Farms
- Oyster Brands

35,000,000 LBS.

**5 Years** 

2 Billion lbs.

1000+

300+

# Did you know?

## **Environmental Effects**

• One Acre Oyster Reef Cleans

- Eggs released /oyster /year
- Living shoreline reduce
- 100 Miles oyster reefs can save

24M gal/day or 36 Olympic Pools

1,000,000

88-93% wave action

\$100M Rip Rap \$150M Bulkhead

# Did you know?

## **North Carolina Assets**

- NC Rank Atlantic shoreline
- Year production peaked
- Year production Bottomed

Health

 Oyster (zinc): Good for immune system, bones, acne, rash, and others

Guinness eating record

187 in 3 minutes in 2003

#2 1902 1994

# EATING & DRINKING

# Shuck And Awe

Nothing goes down easier with bubbly, but oysters are so varied and complex these days, a half-shell menu can be downright daunting. Two new books help facilitate a better bivalve experience

#### BY KATHLEEN SQUIRES

**STARED** at the list, stumped. Should I order the one that had a "mild balanced finish?" Or should I go for the one with the notes of "butter, celery, copper and salt?" What about the option that offered a "blast of minerality?" I Association, measures the rebound via "increased availability, an uptick in the opening of oyster bars and the establishment of oyster festivals across the country." Even Gulf Coast production is slowly recovering from the 2010 BP oil spill, due to efforts from groups such as the Coalition to Restore Coastal Louisiana. Two recent books chart the

oyster's resounding comeback and

WASHINGTON STATE Clean, crisp, herbaceous, "In the spring, Hama Hama tend to be sweeter; in the winter, brinier. In both seasons, the oysters have a light cucumber/ melon finish," —J.S.

Hama Hama

Kumantoto BRITISH COLUMBIA Sweet, melony, firm, meaty. "In general, West Coast oysters have a meatier quality because of their deep, round

#### Pemaguld

MAINE Big, brawny, briny. "We're seeing oyster farms po up in Maine like crazy. These Pemaquids tend to be plump crisp and salty with an earth finish." -J.S.

#### Belon Wild MAINE

Powerfully savory and metallic. "I get excited about anything wild, as most of the oysters we eat are farmed. I always go for the wild oyster on a menu, if there is one." -J.S.

Moonstone

RHODE ISLAND Rich, beefy, flinty, with a det distinctive striped shell. "Be oyster from a major fishing in the bay. They tend to be salty, like a broth." –R.

#### **Wall Street Journal**

## New Study Uses Diet to Help Treat Depression

YOUR HEALTH | Sumathi Reddy

Following a modified Mediterranean diet helped some patients, researchers found



**NEW RESEARCH** on treatments for depression presents an intriguing finding: a healthy diet may help depressed patients.

It is part of the nascent field of nutritional psychiatry which uses changes in diet to help treat mood disorders. Researchers are always looking for new treatments for depression and other mental-health disorders because many people don't respond to antidepressant medications and psychological therapies.

The study, published Monday in the journal BMC Medicine, found that a third of patients assigned to a group that followed a modified Mediterranean diet met the criteria for remission in 12 weeks, compared with just 8% in a control group. Remission was assessed by a patient's score on a diagnostic questionnaire used by psychiatrists to determine the severity of depression.

A large body of evidence, both observational studies and animal studies, links diet to the risk of developing deression and the prevalence of depresion, said Felice Jacka, a professor of psychiatric epidemiology and nutritional psychiatry at Deakin University in Australia and senior researcher on the study. Dr. Jacka is also president of the International Society for Nutritional Psychiatry Research.

Psychiatrists cautioned that the study provides no evidence that diet changes could replace traditional treatments for depression; but it could be beneficial as an add-on treatment.

It may also be an impractical prescription: cooking healthy meals requires motivation and planning, a big demand for depressed patients. Depressed patients have difficulty putting plans into action so would like



Eating fish and green vegetables helped some patients. A nutritional psychiatrist gives patients brain-food prescriptions that include eating more of certain foods such as bivalves like ovsters.

healthy items. They filled out food diaries and were interviewed by a dietitian every week. The other half were in a control

The other hall were in a control group that received the social support one would normally get from a dietitian such as one-on-one interaction without making any dietary changes. This helped researchers determine that it was the diet, not the interaction with the dietitian, that caused any changes. The dietary group didn't lose weight and the focus wasn't on weight loss, Dr. Jacka said.

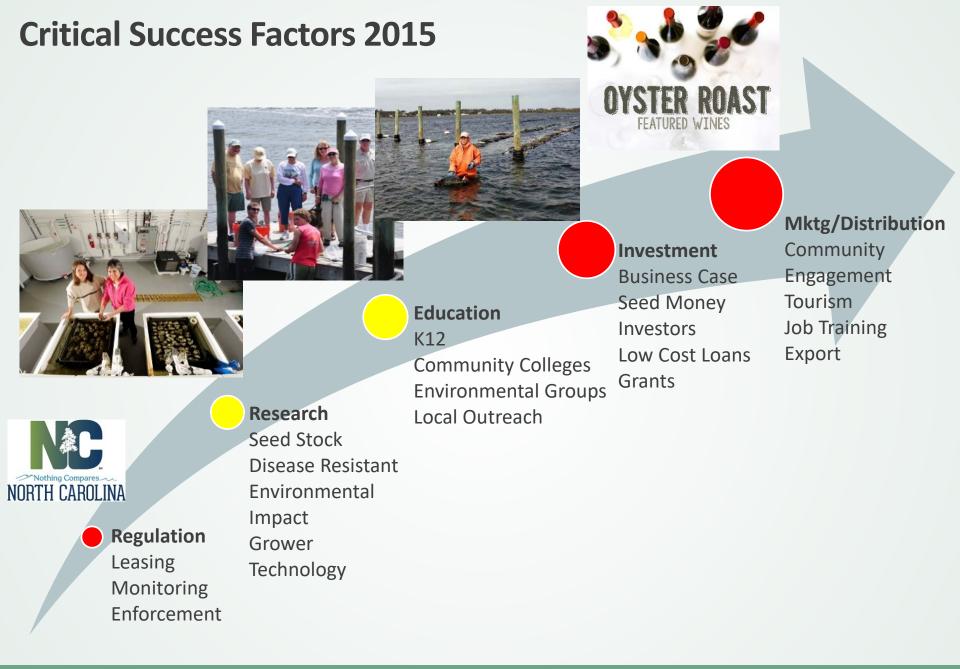
Further research is needed as the study had some limitations said Deago and has been on and off medication ever since. The dietary intervention, she said, helped her cut out soft drinks, alcohol, chocolate and processed foods. And she began eating more fish, olive oil, legumes and seeds.

"After a couple of weeks I just felt a lot calmer, a lot more centered, and more motivated to actually do something," she said.

Since she completed the 12-week study about 18 months ago she has tried to continue the diet to a lesser degree but still has had to remain on her antidepressant.

#### **Wall Street Journal**





# Hampton Roads, Virginia harvesters pull in record oyster haul

#### **News Headlines**

Current Articles | Archives | Search

#### Aquaculture helping to boost Virginia oyster harvest

February 06, 2015

LOTTSBURG-Virginia's oyster harvest rose 25 percent last year, passing the 500,000-bushel mark. The dockside value of that harvest increased to \$22.2 million, with an estimated economic impact of over \$58 million.

### Va. Oyster Trail should become boon for region

**Details** Last Updated on Tuesday, 26 August 2014 15:09 Published on Tuesday, 26 August 2014 15:09 Hits: 1796

The new Virginia Oyster Trail will help watermen in King George and Westmoreland area residents said

#### Governor Terry McAuliffe cuts ribbon for Virginia Oyster Trail

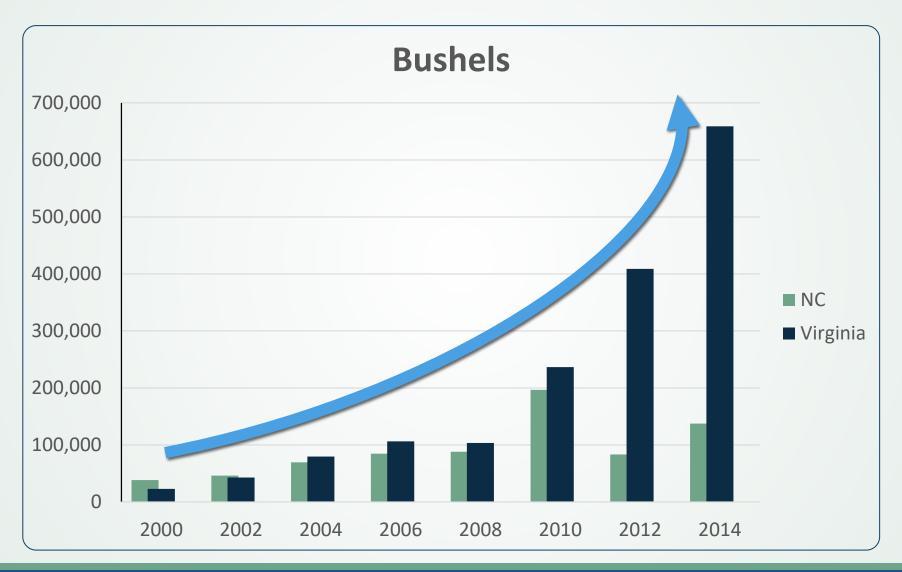
Virginia Gov. Terry McAuliffe announces the creation of the Virginia Oyster Trail on Tuesday, Aug. 19, 2014, at the Executive Mansion in Richmond, Va. The trail links visitors with Virginia oyster purveyors, and restaurants, raw bars and the long-standing watermen culture throughout the Northern Neck, Middle Peninsula and Virginias Eastern Shore. The new tourism project comes as Virginia saw its oyster harvest increase 25 percent to more than 500,000 bushels in 2013, the largest harvest since 1987. (AP Photo/Michael Felberbaum)

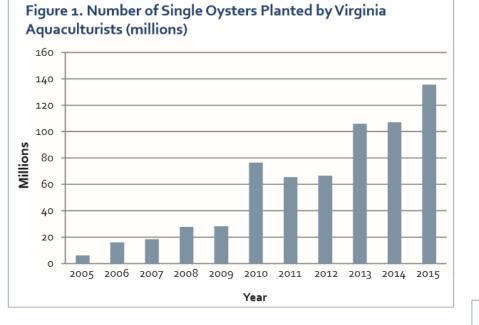




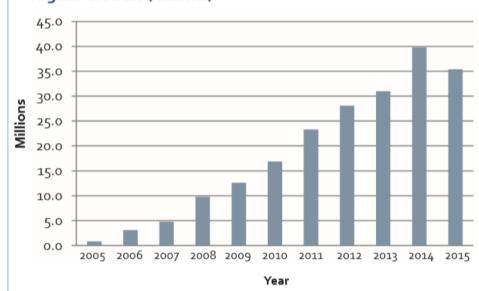


#### Virginia vs North Carolina Oyster Harvest

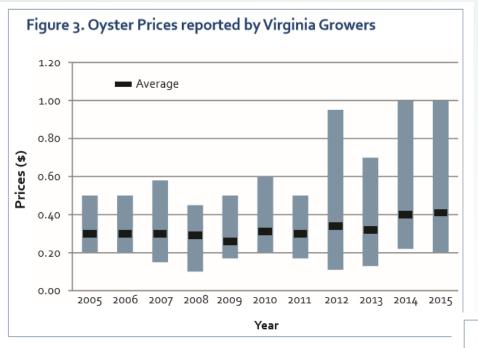




Virginia Shellfish Aquaculture Situation and Outlook Report



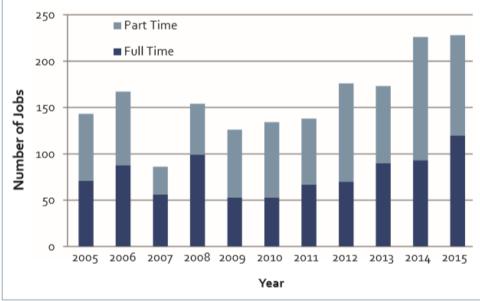
### Figure 2. Number of Aquacultured Market Oysters Sold by Virginia Growers (millions)



**Prices Stable** 

#### **Jobs Scaling**





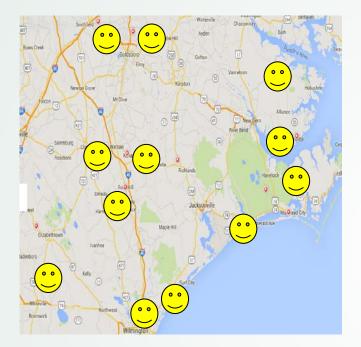
#### **Coastline of the United States**

	Lengths, statute miles	
State	General coastline <sup>1</sup>	Tidal shoreline <sup>2</sup>
Atlantic Coast:		
Maine	228	3,478
New Hampshire	13	131
Massachusetts	192	1,519
Rhode Island	40	384
Connecticut		618
New York	127	1,850
New Jersey	130	1,792
Pennsylvania		89
Delaware	28	381
Maryland	31	3,190
Virginia	112	3,315
North Carolina	301	3,375
South Carolina	187	2,876
Georgia	100	2,344
Florida (Atlantic)	580	3,331
Total Atlantic Coast	2,069	28,673



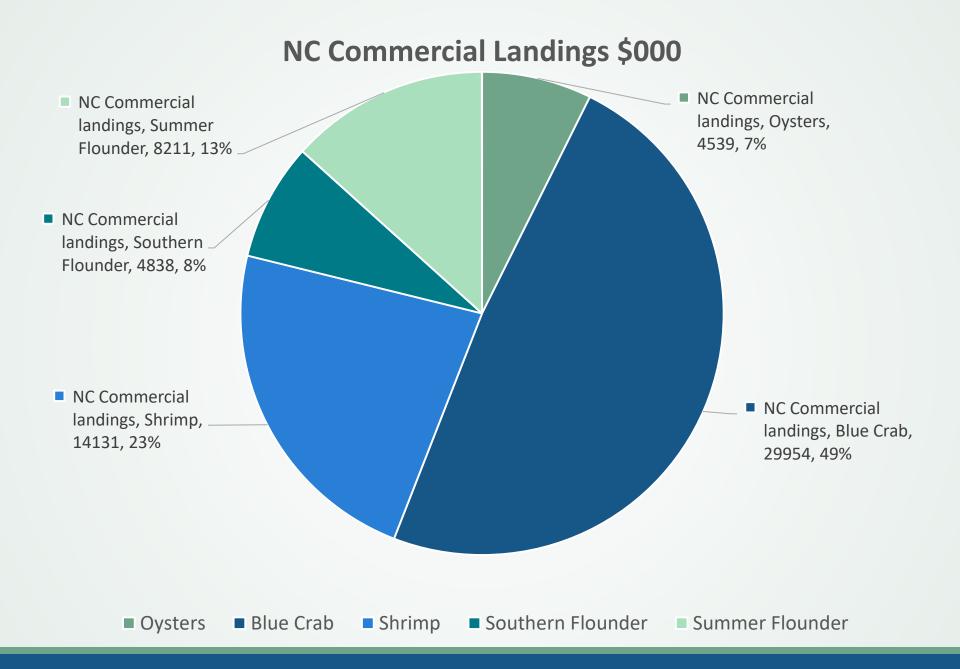
### **116 Wineries**

#### **175 Breweries**









#### ROY COOPER GOVERNOR ANTHONY M. COPELAND SECRETARY

## January 25, 2017

"the Department of Commerce become engaged in the work of the oyster steering committee....The **department** *learned the challenges and opportunities within the oyster fisheries* industry.

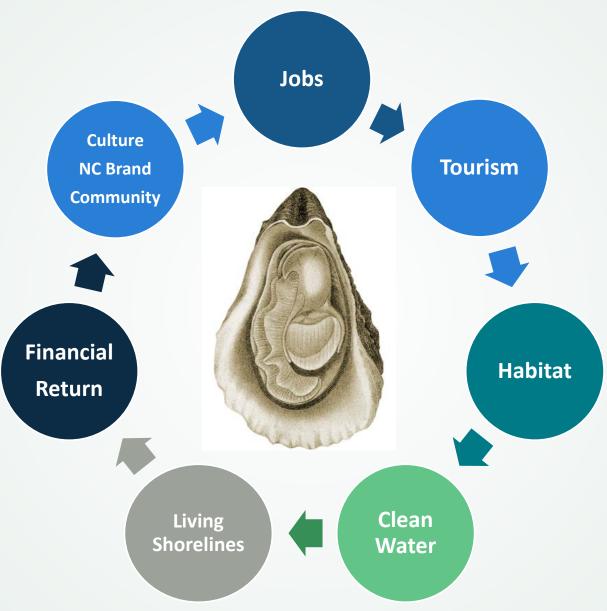
Oyster Restoration: A Blueprint for Action 2015-2020 Coastal Restoration and Community Development in NC Restoration and Enhancement of Shellfish Habitat and Oyster Propagation in NC

These reports provide **compelling support for integrating coastal restoration into economic development strategies**... as well as the benefits to the coastal communities for the promotion, growth and proliferation of oysters.

...every effort will be made to incorporate the concepts in these reports into the county and regional plans developed by the agency...

...the **Department will continue to actively participate as a member of the Oyster Steering Committee** to stay closely connected to the activities of the partners.

#### The Ultimate Clean Tech NC Oyster



#### **Oysters Triple Bottom Line**



#### Progress 2015-2017





**Education** Community Colleges Environmental Groups Investment \$3.0M 2016 \$3.0M 2017 Fish 2.0 Legislative Focus NC Commerce Support Financing Support Programs Mktg/Distribution Tourism Focus NC Rest Assoc. Blink-Export



#### Regulation

Dedicated Budget Additional Staff New Lease programs Coordination w/Agencies Up-weller management SAV Changes New Tools

Research UNC Plan -2018 UNCW –Brood Stock RTI/DMF Economic Study Grower Technology

## **Financial Support programs**

Conservation Fund- Natural Capital Investment Fund

Rural Center- Microenterprise Loan Program

NC Sea Grant- Community Collaborative Research Grant

National Marine Fisheries- Fisheries Finance Program

#### USDA

Loan program

**Rural Business Enterprise Grant** 

Value Added Producer Grant

Rural Mico-entrepreneur Assistance Program

State Program Needed



# 42NDST OYSTER BAR & SEAFOOD GRILL

RESERVATIONS CONTACT MENUS LIVE MUSIC GIFT CARDS

#### HALF SHELL SELECTIONS\*

We ask for your indulgence while these are shucked to order.

Chesapeake, VA – salty and succulent, these oysters embody the word delicacy 2.25
Olde Salts, VA - bold sea-side brininess with a smooth, clean follow-through 2.50
Lucky Suckers, NC – clean ocean flavor with smooth finish
Pirate Pearls, NC - medium salinity with a smooth finish
Stone Creek, NC – wonderful brininess and clean ocean flavor
Blue Point, CT - fresh, crisp, firm texture, with a sweet aftertaste
NC Top Neck Clams (6 or 12)

## 50%

each

# **BRASSERIE DU SOLEIL**

French Restaurant

#### **Raw Bar Selection**

- Jarret Bay (NC) \$2 Beau Soleil (Canada)
- \$3
- \$3 Archer Channel (NC)
- \$3 Fanny Bay (Canada)
- \$3 Fanny Bay (Canada)

50%



#### **OYSTER BAR & WINE BAR CAFÉ**





## **Coastal North Carolina**





#### Napa Valley of Oysters (Coastal Assets)

#### Silicon Valley Aquaculture & Coastal Restoration Technology (UNC/Duke/NC State/CCC/UNCW)



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