

FOR IMMEDIATE RELEASE

March 4, 2015 Contact: Ted Wilgis Phone: 910.509.2838 Email: <u>tedw@nccoast.org</u>

Speakers to Talk About Organic Gardening at Home

WRIGHTSVILLE BEACH -- Come to the N.C. Coastal Federation's Fred & Alice Stanback Coastal Education Center in Wrightsville Beach on Wednesday, March 11, from 7 p.m. to 8:30 p.m. for the March Coastal Speaker Series event and learn how to implement environmentally responsible agricultural techniques in your own backyard.

Speakers Matt Collogan, educator and organic farming advocate, and Evan Folds, president of Progressive Gardens Inc., are strong advocates for small, organic farms and backyard gardening. Learn about these innovative gardening techniques and how implementing them in your own backyard can help reduce contaminated runoff and protect our coastal waters.

This event is free, though donations will be accepted. All proceeds will benefit the federation's education programming.

Additional programs will be offered at Fred and Alice Coastal Education Center in Wrightsville Beach throughout the year:

* Coastal Adventures series featuring special guests who will provide handson, engaging opportunities to learn about the coast, critters and simple "do-ityourself" coastal restoration and water quality protection projects.

* Touch Tank Tuesdays featuring an interactive education session for all ages with coastal critters from nearby tidal creeks and salt marsh habitats. Coastal Speaker Series featuring writers, coastal experts and local artists.

You can find out more and register for any event online at www.nccoast.org or in-person at the center. For more information or with any questions, email tedw@nccoast.org or call 910.509.2838.

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About the North Carolina Coastal Federation: "Working Together for a Healthy Coast"

The N.C. Coastal Federation is the state's only non-profit organization focused exclusively on protecting and restoring the coast of North Carolina through education, advocacy and habitat restoration and preservation. The federation's headquarters office is located at 3609 N.C. 24 in Ocean between Morehead City and Swansboro and is open Monday through Friday from 8:30 a.m. to 5 p.m. The federation also operates field offices in Wrightsville Beach and Manteo. For more information call 252.393.8185 or check our website at www.nccoast.org.

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