



FOR IMMEDIATE RELEASE

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White Oak River Birding Cruises Set for 2015

OCEAN - Spring is a great time of year to get outside and see some of the magnificent birds that fly along the N.C. coast. Join local birding expert Joanne Powell and the N.C. Coastal Federation on March 29, April 19 and May 17 for a birding cruise on the White Oak River in Swansboro. Each cruise departs at 10 a.m.

Fall trips are also planned for Sept. 27, Oct. 25 and Nov. 15.

The group will slowly cruise for about two hours on a covered ferry boat through the estuaries in and around the White Oak River and Bogue Sound, looking for resident birds and migrants that might include shorebirds, warblers, raptors and waterfowl. Birds are most common in and around our coastal estuaries, looking for food, water and shelter.

In addition to birds, the cruises offer great views of the marshes, Bogue Inlet and Bear Island. You might even see dolphins or maybe a sea turtle or two.

Participants will meet at the Hammocks Beach State Park visitor center in Swansboro around 9:45 a.m. to check in. Please bring your own binoculars, water and a snack and remember to dress appropriately for the weather.

The fee is \$20 for federation members and \$25 for non-members. All ages are welcome, though the program is geared toward adults and older children. Registration is required, and the cruises are likely to fill up fast. Register online at the federation web site at www.nccoast.org.

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About the North Carolina Coastal Federation:

"Working Together for a Healthy Coast"

The N.C. Coastal Federation is the state's only non-profit organization focused exclusively on protecting and restoring the coast of North Carolina through education, advocacy and habitat restoration and preservation. The federation's headquarters office is located at 3609 N.C. 24 in Ocean between Morehead City and Swansboro and is open Monday through Friday from 8:30 a.m. to 5 p.m. The federation also operates field offices in Wrightsville Beach and Manteo. For more information call 252.393.8185 or check our website at www.nccoast.org.

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