



# North Carolina Coastal Federation

*Working Together for a Healthy Coast*

**FOR IMMEDIATE RELEASE**

August 7, 2015

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## **Registration Opens for North Carolina Coastal Federation's Annual Cycling for the Coast**

OCEAN - The North Carolina Coastal Federation will host its fifth annual Cycling for the Coast bike ride along beautiful Bogue Banks Saturday, Sept. 26. Beginning at 8 a.m. Cyclists of all abilities can register online at: [www.nccoast.org/cycle](http://www.nccoast.org/cycle) to ride or form a team for the event. Members of the federation can register for \$35; nonmembers can register for \$50. Both fees include a Cycling for the Coast T-shirt, lunch and a post-ride party.

The goal of this event is to raise funds for the federation's salt marsh and oyster habitat restoration and education programs. The family-friendly ride is great for all ages and abilities and offers 20K (12.4 miles), 40K (24.8 miles) and 80K (49.7 miles) distance options. All cyclists will begin and end at Fort Macon State Park in Atlantic Beach.

"We were thrilled to be celebrating the fifth year of Cycling for the Coast. It is one of the most beautiful bike rides with spectacular views of the stunning N.C. coast," said Rachel Bisesi, federation educator and coordinator of the ride.

This year, supporters of the federation who prefer not to ride can still join in the fun by becoming a virtual rider. Simply complete the free virtual rider registration at [www.nccoast.org/cycle](http://www.nccoast.org/cycle) and invite friends and family to help you

raise awareness and funds for the coast. Virtual riders are also welcome to join us at the post-ride party to celebrate.

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About the North Carolina Coastal Federation:

The North Carolina Coastal Federation is the state's only non-profit organization focused exclusively on protecting and restoring the coast of North Carolina through education, advocacy and habitat restoration and preservation. The federation's headquarters are at 3609 N.C. 24 in Ocean between Morehead City and Swansboro and the office is open Monday through Friday from 8:30 a.m. to 5 p.m. The federation also operates field offices in Wrightsville Beach and Manteo.

For more information call 252.393.8185 or check our website at [www.nccoast.org](http://www.nccoast.org).

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