

FOR IMMEDIATE RELEASE

September 14, 2015 Contact: Sam Bland

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North Carolina Coastal Federation 2015 White Oak River Birding Cruises

OCEAN - Autumn is a great time of year to get outside and see some of the magnificent birds that fly along the N.C. coast. Join local birding expert Joanne Powell and the North Carolina Coastal Federation on Sept. 27, Oct. 25 and Nov. 15 for a birding cruise on the White Oak River in Swansboro. Each cruise departs at 10 a.m.

The covered ferryboat will slowly cruise by the salt marshes, maritime forest and estuaries in and around the White Oak River and Bogue Sound, including Huggins and Bear islands, looking for resident and migratory birds. Depending on the day, birds such as egrets, herons, painted buntings, hawks, ducks and many others can be spotted. Birds are most common in and around our coastal estuaries, looking for food, water and shelter. The cruises also offer the opportunity for sightings of dolphins, and other wildlife.

Participants will meet at the Hammocks Beach State Park visitor center in Swansboro around 9:45 a.m. to check in. Please bring your own binoculars, water and a snack and remember to dress appropriately for the weather.

The fee is \$20 for federation members and \$25 for nonmembers. All ages are welcome, though the program is geared toward adults and older children.

Registration is required, and the cruises are likely to fill up fast. Register online at the federation website at www.nccoast.org/events.

About the North Carolina Coastal Federation

The North Carolina Coastal Federation is a nonprofit membership organization that works to keep the coast of North Carolina a great place to live, work and play. Through a variety of programs and partnerships, the federation provides for clean coastal waters and habitats, advocates to protect the coast and teaches and informs people about the coast and what they can do to protect it.

The federation operates offices in Ocean, Manteo and Wrightsville Beach, N.C. To learn more, please visit nccoast.org or call 252.393.8185.

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